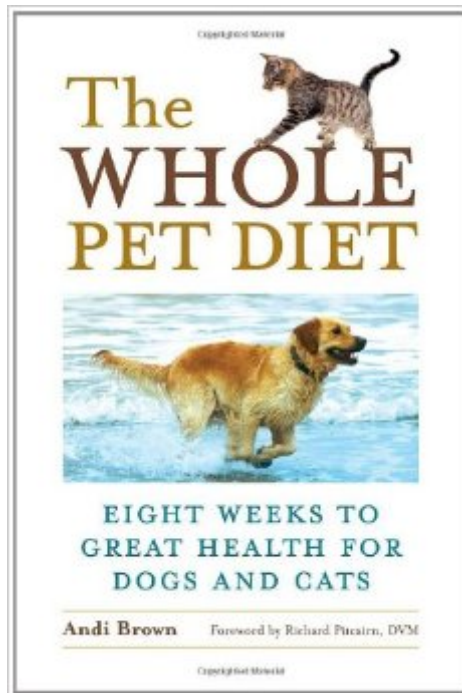


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# The Whole Pet Diet: Eight Weeks To Great Health For Dogs And Cats



## Synopsis

One in four pets is obese, and every year owners spend thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products. If your pets are overweight, ailing, or aging—or you just want them to be as healthy as possible—THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats—and it just might change the way you eat, too.

## Book Information

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## Customer Reviews

This book isn't bad, it has a lot of useful information in it about home-cooking for your pet. However, at times it does seem like a vehicle for this woman to sell her company's products. Sure, she tells you how to make most things for yourself but at the same time for every feeding recommendation she makes, it's her company that sells some miracle product that will fit in perfectly. Other things I didn't like about this book were that there's no nutritional analysis given for the recipes. The book also doesn't advocate feeding variety strongly enough for my liking. She actually states that it's better to feed animals your dog could actually hunt. My dog is a Cavalier King Charles Spaniel... she can hunt paper towel rolls and that's about it! If you are going to be home-cooking for your animal you

should be sure to use a variety of protein sources on a regular basis. Unless your animal is allergic to every other source, you shouldn't just give chicken all the time. That's a diet that's guaranteed to be deficient in some nutrient. Dr Pitcairns Complete Guide to Natural Health is a better book. Whole Pet Diet is more readable and possibly more accessible but the quality of the information just isn't as good. Pitcairn, unlike Andi Brown, is actually a vet and personally that makes a difference to me when evaluating the quality of the information offered. If you are serious about homecooking, get both books. Or if you just want one, get Pitcairn. If you are more interested in finding out about dog food and the pet food industry itself then read Food Pets Die For. Just for the record, I homecooked for a few months. It is expensive and quite complicated since you must use supplements and feed the correct balance of nutrients.

If you are looking into this book, it is obvious that animals are important to you. I love animals... our home is an "animal home": 2 dogs, 4 cats (1 special-needs cat) and fish. I have always felt that I have provided "the best" for the animals we have taken in and loved. Even so, the recent pet food scare was a serious wake up call. Prior to the scare, I selected only "high-end" foods for our crew. After the scare, I switched to organic foods - thinking that would be a solve all - and started to do more research. And that research was SCARY. In addition to not trusting pet food sources and supply, I needed to address health issues for two of our gang: one diabetic cat and a Cardigan Welch Corgi who was experiencing allergy and health problems no matter what food we tried. Our Corgi wasn't even 2 years old, and slowly was developing many health issues: chronic ear infections, skin infections, skin lesions, irritated eyes and ears, no energy, depression, vomiting, malaise (I could go on and on). It kept getting worse. Our trips to the vet involved treating symptoms, and food trials to address his food allergy. This is when I started to look into a home diet. I researched home diets that were developed by veterinarians. After nailing down the main components and needed supplements, I purchased Andi's book for additional input and recipe variations. Within ONE WEEK of trying the chicken stew, our Corgi Silas had a dramatic turnaround. Now I know other reviewers have mentioned a week turnaround as well - I was skeptical that something could happen that fast - but for us it really did! My husband and I were amazed and so thankful at the difference our home-cooked food was making. Our Corgi suddenly had the energy of a puppy, stopped scratching, his ears, eyes and skin started to clear.

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